



Connecting Through Song *Jade Warfield*



In early February, Pyareo Home residents were visited by a wonderful group of young students from the Sant Bani School just up the road from us. They had prepared several songs to sing and we had a delightful morning watching each of the primary grades perform, accompanied on the keyboard by their music teacher. It was the perfect gift to lift our spirits in the middle of a cold New Hampshire winter. The residents enjoyed the performance so much and we hope the children will visit again next fall. We especially appreciated the teachers who brought the children to Pyareo Home for this visit as part of the Sant Bani School service learning program.



Young students getting ready to share their songs to residents and staff

“Music expresses that which cannot be put into words.” Victor Hugo



Residents, staff and fellow students enjoy the show



Singing buddies

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Administrator's Corner



Administrator Jenn Wright and the youngest interviewee ever

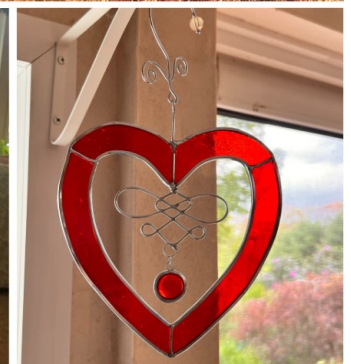
Pyareo Home has overcome some challenging hurdles over the past few months and I'd like to take this opportunity to thank the board and staff for all their hard work, dedication, and support. We have a new nurse, Angela Woodward, who is a perfect fit for Pyareo Home! Both residents and staff like her a lot. In addition, we have two new residents. Susan Harris, and Donna Jewell have joined the Pyareo Home family and fit right in. Susi (pronounced Suzy) has had ties with Pyareo for a long time and is so happy to be living here. We have a full staff after welcoming two employees recently. I still haven't

gotten my mini donkeys, but I did, however, have another granddaughter. She was born in March and joins her older sister Aaliyah who you see pictured with me here.

Happy Summer! Jenn



Administrator Jenn Wright and Nurse Angela Woodward



Chef Tobey Prescott holds the cake for resident Amy Hart's 91st birthday blowout; cozy kitty; Nurse Angela Woodward, Administrator Jenn Wright, and resident Susi Harris looking happy; and resident Donna Jewell, with a special guest



Pyareo Home Board of Directors

Tibor Farkas, Shipp Webb, Lori Webster, Jade Warfield, Anna Benevides, Jim Miller, Luke Sand, Christian Pearsall, Beverly Swan and one of the senior administrators, Jonathan Powell (on the far right)

“Wrinkles will only go where the smiles have been.” Jimmy Buffet

A Generational Change

Tibor Farkas

Pyareo Home has been open for nearly 23 years, and in the next few years, the generation that founded the Home will become its residents. We are already seeing the beginning of this wave.

And in the next few years, the governance of Pyareo Home will inevitably pass to the next generation. Already, four of the nine Board Directors are of this younger – a capable and dedicated – generation. And we now have a Board of Directors with more energy, greater skills and wider points of view than before.

We have been taking advantage of this generational change to distribute responsibilities among Board members and set up a more consultative decision-making process. We are also taking steps to help staff take on more responsibilities, so the Board is less active in the day-to-day running of the Home.

We look to the future with a mixture of anxiety and optimism. But seeing the unlikely success of Pyareo Home for over two decades, we trust that the work will get done.

God speed, Dadman!

Adam Barnum

My stepfather, Bill Myers passed away on April 6 of 2023. He was full of positivity and had a get-it-done attitude! He was the guy who had a list and got stuff done! He approached family in this way too. He decided one day that he wanted to get married and have a family and had heard about my mother and me. His first thought was, "I get a son too! Great that is a bonus!" Within a week of hearing about us he had contacted my mother and showed up at our doorstep in his Caravan VW Bus. At the time I had told my mother to go to the "daddy store" to purchase me a daddy. In his usual way, Dad met us and by the end of the day he was talking about marriage arrangements with my mother. When he moved forward quickly to get things done, we would say that he was being a "Dadman"! Once I became an adult I nicknamed him "Dadman".



True to his initial reaction to me as a "bonus", he intentionally took time to hang with me. We played all kinds of sports including, pool, ping pong, bowling, football, basketball, golf, tennis, and sailing! I was always the smallest kid in my class and he was able to teach me to harness my abilities so that I could play with my peers. Hours on end he would have me run football plays and then he would throw the ball so it would land in my hands and I would hold on for dear life! With this skill I was able to be the guy on our local neighborhood scrimmages who could grab the ball out of the air and hold on. We would furiously play ping pong for hours and hours. Tons of fun!

We used to sail on Winnisquam lake in our 18' catamaran. Initially I was afraid when there were whitecaps on the water and the wind was intense and we would be on one pontoon. He taught me to look the fear in the face and work through it. I now call it "looking into the face of the tiger"! It is a lesson that I've been able to tap into for the rest of my life. When he first was designing the house that we built at the Ashram, he would include me in the design process. I remember figuring out the scale on graph paper and working with him on the floor layout. We incorporated some of the aspects of one of our favorite homes that we lived in on Long Island that had a vaulted ceiling and a stone fireplace in the living room. Thus began my love of building.

He also taught me the love of discipline and meditation. He never missed a day of mediation since the day he was initiated (other than illness related times). We would meditate 3 hours a day in the morning. Our family lived in a cottage on Winnisquam lake while the house was being built. Dad and I would meditate at the satsang hall from 3-6 and he had arranged for me to eat at the big house in the morning before school. Some of my teachers would stay at the big house during the week and we would all eat breakfast together in the morning. During this time before school is when I was able to do most of my homework. Dadman gave me the habit of getting up early in the morning.

His approach to moving to Pyareo Home was similar to how he approached marriage... When we suggested that we thought it would be a good idea to move in at Pyareo Home he went onto the website and within minutes he said "When can I move there?" He was ready and there was nothing stopping him! He loved his stay there! His passing was no different than any other event in his life. He received the news of his cancer progressing with a combination of stoicism and anticipation. He was ready for his soul to pass on to the next stage. Dadman, I'm sure with your can-do-attitude that you are living your next life to it's fullest! I love you Dadman!

Friends Old and New

Dear Pyareo and Friends!

My second month begins! Here in Ann Wiggins' room!
As an aide at the beginning of Ann's stay, I witnessed her make herself a comfortable "home". We spent many a time visiting. My goal in life was to one day live in Ann's old room!

Now my dream has come true, thanks to all of you and my dear son, Sam, who helped build this "Japanese temple", with his father, David Harris.

The sound of the brook, the birds, the stars, the bear, racoons, birds, cats, flowers and trees all add to the peacefulness.

The staff have been wonderful, the food delicious and there are satsangs galore!

With love, Susi



Resident Susi Harris with her son Sam Harris & granddaughters, Grace (left) and Emma (center)



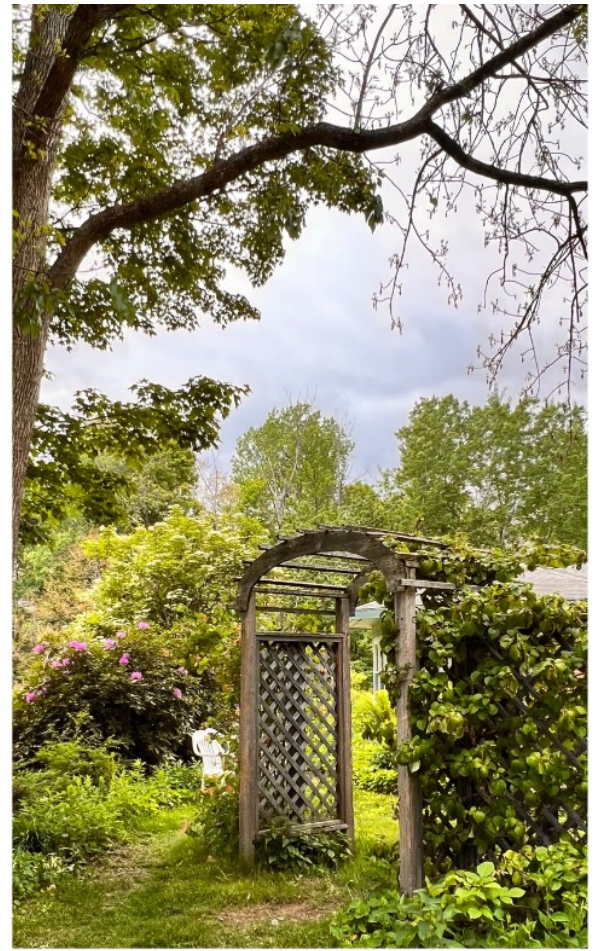
Hellen "Betty" Newhall was a resident of Pyareo Home for nearly six years. She was 85 years old when she passed away last January. She had a loving family who visited her often. She greeted all with a delightful smile. Her shy cat Sweetie Pie is still living at the home.



Have you considered leaving a gift to Pyareo in your Will to help us continue the much needed work we do around Pyareo Home? Warren Lake, friend of Pyareo Home and member of the Sant Bani community, has graciously offered to speak with anyone interested in learning about the various ways one can plan to support our Home. He is an attorney who practices elder law and can be reached at www.warrenlakelawoffice.com

To make a donation now, click on the QR code, visit www.pyareohome.org, or call us 603-934-2300





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Beverly Swan, Secretary
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Pyareo Home, Inc. is registered as a nonprofit public charity organization with the State of New Hampshire. All contributions are tax-deductible. Our IRS tax identification number is 04-3347981.

Welcome To Our New Nurse



Angela with her beautiful children

Hello,

I joined Pyareo Home as the Registered Nurse in March of this year. I have worked primarily in healthcare my entire career, starting in the kitchen of a nursing home as a teenager, then spending about 10 years as a nursing assistant. In 2009 I became an LPN. Later, I returned to school to participate in an "LPN to RN" program at Rivier University, graduating in 2021. Over

the years some of my favorite jobs have been working in Family Medicine, as a visiting nurse, in geriatric settings, and camp nursing. I have experienced a very special time working the past 7 years for St. Francis Nursing and Rehabilitation in Laconia, NH where I continue to work per diem. I am a lifelong resident of New Hampshire. I enjoy gardening, traveling, caring for our animals and volunteering for my children's Scout and school groups as well as church activities. Pictured with me are my children, Clara and Spencer who have enjoyed some visits to the home and look forward to more. I have sincerely enjoyed getting to know the staff, residents and members of the resident's support systems, and hope to be part of your team for a long time.



Resident Susi and Nurse Angela share some thoughts



Pyareo Home

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Yogurt Covered Fruit ~ A Summer Treat!

From leaveeatlearn.com

INGREDIENTS

- 1 cup fruit (*such as blueberries, grapes, quartered strawberries, or any bite-sized fruit*)
- ½ cup yogurt (*vanilla, fruit-flavored, and/or dairy-free*)
- A few toothpicks



INSTRUCTIONS

Prep : Line a backing sheet or plate with parchment or wax paper.

Dip: Place a piece of fruit on a toothpick and dip in the yogurt. Set on the parchment paper in a single layer, and repeat until all fruit is dipped. Freeze until solid, about 1 hour.

Store : Eat immediately or transfer to an airtight container and store in the freezer.