

## TIME FOR NEW ENERGY

Tibor Farkas, Shipp Webb, Laurie Webster

The fresh new look of this newsletter hints to the changes we are making in the management of Pyareo Home. Our goals are to get more, and somewhat younger, people involved as we come closer to handing over the vision of Pyareo Home to the next generation.

We are making changes to take better advantage of the wealth of talent, experience, and good-will in our local community and among our wider supporters. The day-to-day care of our residents will not change, but we are empowering existing board members and other supporters to take a more active role in the financial management, maintenance planning and outreach for the Home. We'll write more about this aspect of our work in the next newsletter.

During the nearly 22 years since Pyareo Home was started, about 65 dear ones have resided here. And we hope to serve many more. Our mission remains the same: to provide a safe, supportive and loving environment for older and disabled persons within our community who need help in their day-to-day living. We are glad to be able to continue offering sanctuary during a vulnerable part of their lives. Thank you for your continued support of this work.



Staff member Leah Smart and resident Betty Newhall enjoying each other's company

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## ADMINISTRATOR'S CORNER

Hello to everyone in our Pyareo community!

We are happy to report that as the Covid crisis fades, we have been able to reopen our doors to visitors and our residents have enjoyed their company. We have also added a new chair yoga class which is being taught by neighbor Maya Hardcastle (previously the Phys. Ed. teacher at Sant Bani School and owner of Hale Road Studios).

The early summer warm weather has brought with it some wildlife visitors. A local bear has been getting into our trashcan looking for tasty morsels and we've had to encourage him to look elsewhere for food.

Jonathan has reported that a family of turkeys have been seen with their babies outside his sliding doors. Unfortunately, resident Peter Gray had to stop feeding the turkeys to discourage the bear from coming around.

## SEVA (SERVICE) OPPORUNITIES

We are looking for a few willing hands to help with some seva jobs: Indoor plant care (much needed!), gardening and other light maintenance projects. If you are able to donate a bit of your time, please contact Jonathan Powell at: [maint@pyareohome.org](mailto:maint@pyareohome.org) or call/text: 603-217-7593.



Pyareo Home would welcome a kind soul with a green thumb to care for these sweet indoor plants.





## Happy Birthday Dear Amy!

A milestone 90th birthday for resident Amy Hart brought glad tidings, from dear friends near and far, including some beautiful flowers from Charlotte and Don Macken, and Susan and Dick Shannon.



*“Spread love  
everywhere you  
go. Let no one  
ever come to you  
without leaving  
happier.”  
Mother Teresa*



Resident Bill Myers waters some thirsty plants



Resident Peter Gray enjoying the local wildlife



## BOARD MEMBERS

Tibor Farkas, President  
Shipp Webb, Vice President  
Beverly Swan, Secretary  
Laurie Webster  
Jim Miller  
Anna Benevides  
Christian Pearsall  
Jade Warfield

## ADMINISTRATOR

Jennifer Wright

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Pyareo Home, Inc. is registered as a nonprofit public charity organization with the State of New Hampshire. All contributions are tax-deductible – our IRS tax identification number is 04-3347981.



# A WARM WELCOME TO OUR NEW PYAREO BOARD MEMBERS!



## CHRISTIAN PEARSALL

I am so pleased to join the Board of Pyareo Home. I have many connections to the community—my parents moved to the area in the late 60's to be close to the ashram; I attended Sant Bani School for 12 years, and my wife and I moved to Sanbornton over 20 years ago so that our children could also enjoy a Sant Bani education. My parents always supported Pyareo Home and I feel very fortunate to contribute now in my own way.



## JADE WARFIELD

I moved to New Hampshire over 45 years ago. My husband Jeffris and I wanted to live near Sant Bani Ashram and send our kids to Sant Bani School. I taught at Sant Bani for four years and our daughter Jyoti and son Jaimal both graduated from Sant Bani School. I joined the Pyareo Board because I believe in its mission, which both Master Kirpal and Sant Ji each in Their own way has blessed; I want to do what I can to contribute to the ongoing success of Pyareo Home.

## CHANGES ARE AFOOT

You may have noticed that the newsletter looks a bit different. Tibor Farkas, has been creating and coordinating the newsletter for many years. It was time to give him a break, so he happily passed on the baton. I will be your new editor and welcome your thoughts or feedback.

Anna Benevides





## DONATING TO PYAREO IN OUR LATER YEARS

Hi! I just wanted to put in a good word for Pyareo Home and share my thoughts about donating.

Jade and I have lived in the local area mostly since 1976 and have seen our various spiritual brother, sisters and friends going through the cycle of life—creating a family, having children, growing older and some eventually passing on. It was, and is, heartwarming that a home was created in our community for like-minded people, serving those who need a place to spend the rest of their days. We have had many close acquaintances work at Pyareo Home, live there, and eventually pass on at the Home.

In these fraught times, it is especially true that a small service organization like Pyareo Home is dependent upon its community at large for support. There are many worthy charities to consider, but most have a much larger donor base from which to draw upon. For that reason, Jade and I continue to donate to Pyareo Home, and I hope it encourages others as well.

Personally, Jade and I have found donating in the form of a DAF (Donor Advised Fund) has advantages tax-wise and makes donations easy. We place one lump sum of money in a charity account each year and then determine when and how much to donate to Pyareo Home. Another idea for donating for those of us who are over 71, which also helps to help reduce one's taxes, is to use money from the yearly RMD (Required Minimum Distribution) from your IRA.

Whichever means you choose, your donation will be incredibly helpful to Pyareo Home and will benefit everyone involved in the Pyareo Home community now and into the future.

Thank you for your time,

Jeff Warfield



“You never lose anything when you give.” Kirpal Singh



Resident Betty Newhall and a little friend



Resident David Ravens enjoying his meal





Pyareo Home

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## Delicious Apple Raisin Pecan Crisp

### INGREDIENTS:

- 4 pounds apples sliced (Mary says pears can be used as a substitute)
- 1/3 cup maple syrup
- 1 cup golden raisins
- 1/4 cup cornstarch
- 1 tablespoon ground cinnamon
- 2 cups gluten-free rolled oats
- 1 cup raw pecans
- 12 pitted dates

*From Mary in the  
Pyareo Home Kitchen!*



### DIRECTIONS:

1. Preheat oven to 350 degrees.
2. Spray a baking dish with non-stick spray and set aside.
3. Place apples in a large bowl and toss with maple syrup, raisins, corn starch, and cinnamon.
4. Pour mixture into the baking dish.
5. For the topping, place the oats, pecans, and dates into a food processor and run for 1 minute.
6. Remove the mixture and spread evenly over the apples.
7. Place into preheated oven and bake for 60 minutes, covering the top if it begins to brown too much.
8. Remove, let cool slightly, and enjoy.